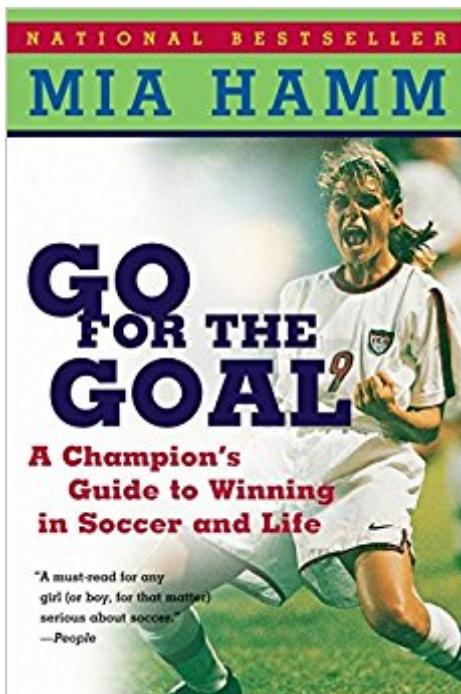


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# Go For The Goal: A Champion's Guide To Winning In Soccer And Life



## **Synopsis**

For the more than seven million girlsâ "from knobby-kneed tykes to high school and college starsâ "who are tearing across the country chasing a soccer ball and dreams of glory, there is one name that eclipses all others, male or female: Mia Hamm. With her cheetahlike acceleration and lightning-bolt shot, Hamm broke nearly every record in her sport, while galvanizing a whole generation of fans and players. Go for the Goal is not only the inspiring story of how a tiny suburban sprite became a global terror with a ball (and the world) at her feetâ "it's also a step-by-step or dribble-by-dribble guide for any kid with the all-American dream of making the team and becoming a champion. Filled with personal anecdotes and fully illustrated with both action and instructional photographs, Go for the Goal shows readers exactly how to master the silky skills and techniques that made Hamm and her teammates the finest women's soccer team in the world.

## **Book Information**

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## **Customer Reviews**

Becoming the coach for my daughter's soccer team has been incredible fun. I was shocked to realize that several of the girls were not familiar with Mia Hamm and when looking for a way to share with them her inspirational story, I found this book. It is perfect for their age group, being 11-12 year olds. In a voice that is easy to read, she teaches how to be a champion on/off field by playing the game of life with heart and dedication. So far, I have heard from several happy parents who say that their daughters are more confident in making their dreams reality. I couldn't be happier! When I was younger, Mia was such a role model. Now, so too is her former coach, Anson Dorrance. His book, Training Soccer Champions, has been a lifesaver for understanding how to

motivate my girls.

This book is focused toward the teenaged girls who are soccer fans and it does very well to communicate to them. It doesn't use overly complex vocabulary and avoids vague references to soccer history. You can get the message of this book without any knowledge of soccer. It's about the hard work, dedication and teamwork it takes to be a champion - both on and off the field. The downside, as is often the case with Hamm, is that it doesn't touch on her personal life much - the trials she faced as a teen coming up through the National Team program, losing her brother to disease, her marriage to a Marine pilot. It was also written prior to the Women's World Cup and doesn't discuss the sudden celebrity that the women's team achieved in mainstream America after winning the tournament.

She gives you a good idea on the game and how to win. She has been through some tough times and she is now telling you how you can survive those hard times. I am taking her advise and training to help me become a better soccer player, because my dream in life is to be a professional soccer player. I had this dream... almost half of my life. I want to thank Mia for writting this book and for helping me learn the best part of soccer is the emotions.

This is an inspiring book, writen by one of the most famous women athletes of today. Mia Hamm wrote this book intending to help out young soccer players and give them great advice. She also including some of her teammates from the U.S. National Soccer Team, including Kristine Lilly, Michelle Akers and Tisha Venturini. This book gives you tips on drills to do during practice and also some tips on how to play with heart and dedication. This is a very easy to read book. She wrote it knowing that younger children would read it. In the back of the book there is a glossary of terminology used throughout the book the reader may not know. Myself growing up I've played soccer since I can remember. This book has helped me a lot throughout the process of organizing an all-girls' soccer team at my school. I would greatly encourage any girl (or boy) who just started playing soccer or who is a veteran of the game to pick up a copy of this book and read it!

I bought Go For The Goal: A Champion's Guide to Winning in Soccer and Life just yesterday and I finished it today. I personally think it's an amazing book and if you're a huge Mia Hamm fan like I am you'll love it. She covers some of the most important things about the game. It is really inspirational. Just by reading all the tips and techniques in the book I've improved my game. I hope it does the

same for you. I encourage you to buy Go For The Goal because it's one of the best soccer books. Mia Hamm did an excellent job.

Mia Hamm's book, "Goal For The Goal," is the best book I have read. It helps all soccer players improve their game, by showing training drills and it has great advice that motivates players. Mia Hamm and the rest of the Women's National team are my role models. Mia Hamm, to me wrote this book perfectly, and anyone who wants to play soccer or plays soccer already should read this book. It will inspire you to do so much more than you already can do.

This book was the most inspiring book I have ever read. It gives you a mind set for when you're on the field you're ON the field. And when you're ready to get on there you've got to have your game face on. Me, being an ODP player and my soccer team won the state cup last year and our team was less than a year old, then went to regionals and were undefeated, this book taught me a lot on how to be a better teammate. It taught me to get on that field and practice sprints even with my speed that I've been gifted with because people will catch up, you must take risks to be a winner.

It's great for really young girls, who idolize Mia Hamm, and are aspiring soccer stars... And who can't stomach Michelle Akers book "The Game and the Glory", or Hope Solo's Memoir... Which are much more honest, realistic, and for the stronger-willed. Mia Hamm did a great job of writing a book to ease as many girls into the sport as possible, and that is commendable. But for anybody already serious about soccer and serious about doing whatever it takes to be great, man or woman, I recommend the other two. Mia Hamm sort of lights a path.... Michelle Akers and Hope Solo sort of make you feel like a wuss.

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